



# 2021 UCA Stunt Camp

COEUR D'ALENE RESORT

## DAY 1

9:00 am - 12:00 pm *Registration*

1:00 pm Opening Staff Demo: *It's Showtime!*

1:30 pm Coaches' Meeting #1 / Spirit Prop Workshop & Game Day Class: Cheers

1:45 pm Camp Dance

2:15 pm Safety Awareness

2:30 pm Stunt Class

3:45 pm Gatorade Break

4:00 pm Group A: Stunt Sequence Private Coaching  
Group B: Squad Credentialing/ Jump Class

4:30 pm *Group B: Dinner*

4:45 pm *Group A: Dinner*

6:15 pm Group B – Stunt Sequence Private Coaching

6:30 pm Group A – Squad Credentialing/ Jump Class

7:00 pm Stunt Sequence Evaluation Prep

7:15 pm Stunt Sequence Evaluations

7:45 pm *Jump Off!*

8:15 pm Material Review

8:30 pm Big Brother Big Sister & Daily Awards

## DAY 2

*Breakfast*

8:30 am Coaches' Meeting #2 / Big Brother Big Sister Check-In,  
Game Day Class: Band Chant, Material Review

9:15 am Stunt Class

10:30 am Pyramid Class

11:00 am Group A – Team Unity & Squad Credentialing  
Group B – Pyramid Private Coaching

11:30 am *Group A: Lunch*

11:45 am *Group B: Lunch*

1:15 pm Group A – Pyramid Private Coaching

1:30 pm Group B – Team Unity & Squad Credentialing

2:15 pm Pyramid Evaluation Prep

2:45 pm Pyramid Evaluations

3:15 pm All American Set Up

3:30 pm All American Tryouts

4:00 pm Stunt Transitions

4:30 pm *Dinner*

6:15 pm Captains Leadership Training

6:30 pm Elective Classes

7:15 pm Camp Routine Private Coaching Prep

7:30 pm *Spirit Night!*

8:00 pm Team Time with Big Brother/ Big Sister

8:30 pm Daily Awards & Pin It Forward

## DAY 3

*Breakfast*

8:30 am Coaches' Meeting #3 – Big Brother / Big Sister Check-In / Material Review

8:45 am Stunt Warm Up and Review

9:00 am Group A – Camp Routine Private Coaching  
Group B – Team Unity & Squad Credentialing

10:00 am Group A – Team Unity & Squad Credentialing  
Group B – Camp Routine Private Coaching

11:00 am Team Time: Big Brother / Big Sister

11:15 am *Optional: Camp Routine Evaluation*

11:30 am Lunch

1:00 pm Team Warm Ups

1:15 pm Stunt Sequence Showcase

1:30 pm Camp Routine Showcase

2:00 pm Squad Credentialing Presentation

2:05 pm *Who's Who: Meet the UCA Staff*

2:10 pm Final Awards & Pin It Forward

